

Let's Stop Comparing...  
Take the  
#NoCompareDare  
this June!

1

Dare Someone to  
Stop Comparing

2

Take the Dare &  
Remind Yourself  
Daily

3

Pass it on!

4

Be a Part of the *Change...*  
and keep it going!

Visit [www.maryandmartha.com/nocomparedare](http://www.maryandmartha.com/nocomparedare)  
for more information about this movement!



We like to keep a reminder  
on our wrists!

MARY &  
MARTHA

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